

## Howden Survey Results 2015-2016

### Survey 1 Benefits of Fluoride

Q1 Are you aware we have no fluoride added to the water in our area?

Yes 53                      No 47

Q2 Fluoride is beneficial to teeth. Are you aware of this?

Yes 89                      No 11

Q3 Do you have a fluoride toothpaste as your normal daily paste?

Yes 87                      No 9                      Unsure 4

Q4 Are you aware that between the ages of 3-16 the practice can provide fluoride treatment?

Yes 58                      No 42

This survey was aimed at families due to question 4 so that we could get as accurate a result as possible.

The answers to question 1 and 4 show that there is still not as much education regarding fluoride as there could be.

As a practice, we will aim to highlight the benefits of fluoride application to parents at their child's appointment. We have posters up in some of the surgeries to show people what their recommended fluoride content in toothpaste is.

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### Survey 2 Gum Health

Q1 Do you ever suffer from sore or bleeding gums?  
Yes 28 No 72

Q2 Do you know what the term 'gingivitis' means and how to control/prevent it ?  
Yes 63 No 37

Q3 Do you know what a dental hygienist is and what treatments they offer?  
Yes 78 No 22

Q4a Do you know the benefits of using Corsodyl products  
Yes 64 No 36

Q4b Do you know the different forms Corsodyl comes in?  
Yes 78 No 22

Full Mouthwash	72/78
Toothpaste	31/78
Spray	12/78
Daily Mouthwash	21/78
Gel	12/78

### Comments

More information regarding products would be appreciated. 72% of those asked said they did not suffer from bleeding or sore gums. Of the 28% who answered that they did, the majority of these did respond positively to knowing what services the hygienist offered and the benefits of using Corsodyl products. From the survey results, it seems it would be beneficial to advertise in the waiting room the benefits of corsodyl products as well as highlighting the services of the hygienist for those patients who have not seen them before.